

FC-IBBA KARATE CLASS SCHEDULE

(2/1/2011 v4)

Class	Monday	Tuesday	Wednesday	Thursday	Friday (BBC)	Saturday
Dragons (Ages 3.5 to 5.5)	4:00 - 4:30		4:00 - 4:30		4:00 - 4:30	10:00 - 10:30
Tigers / Eagles (Ages 5.5 to 8.5)	6:00 - 6:35	4:15 - 4:50	6:00 - 6:35	4:15 - 4:50		10:40 - 11:15
BBC	6:00 - 6:45	4:15 - 5:00	6:00 - 6:45	4:15 - 5:00	4:25 - 5:00	10:40 - 11:25
Panthers (Youth) (Ages 8 - 15)						
Youth Beginners Level 1	5:10 - 5:50	6:10 - 6:50	5:10 - 5:50	6:10 - 6:50		11:30 - 12:10
Level 1 BBC	5:10 - 6:00	6:10 - 7:00	5:10 - 6:00	6:10 - 7:00	5:40 - 6:30	11:30 - 12:20
Youth BBC Int. & Adv. 2 & 3	4:20 - 5:10	5:15 - 6:05	4:20 - 5:10	5:15 - 6:05	5:40 - 6:30	11:30 - 12:20
Youth Masters Club & Jr. Black Belts		4:50 - 6:05		4:50 - 6:05		
Youth Leadership / Jr. Instructor				3:45 - 4:15		
Mixed Ages (Ages 8 - Adult)	6:45 - 7:30		6:45 - 7:30			
BBC	6:45 - 7:45		6:45 - 7:45			
Adults Day Time	12:05 - 1:00		12:05 - 1:00			12:30 - 1:25
BBC	12:05 - 1:15		12:05 - 1:15		12:05 - 1:05	12:30 - 1:40
Masters Club	11:30 - 1:15					
Adult Evening	6:45 - 7:30	7:05 - 8:00	6:45 - 7:30	7:05 - 8:00		
BBC	6:45 - 7:40	7:05 - 8:15	6:45 - 7:40	7:05 - 8:15		
Masters (Level 3 & 4)				8:15 - 9:00		
Adult Jujitsu		8:25 - 9:15				
Teen / Adult MMA	7:45 - 8:35		7:45 - 8:35			